

PSY 1000: INTRODUCTION TO PSYCHOLOGY

4 Credits, Winter 2018

Instructor: Nicole Barbaro, M.S.
Course Section: 12549
Class Time: MW 7:30pm-9:17pm
Classroom: 313 Wilson Hall

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COURSE INFORMATION

Course Description: This course is intended to be a broad survey of the primary areas of psychology. The field of psychological science covers more than the diagnosis and treatment of mental illness. Psychologists conduct research on topics ranging from basic neural processes, genetics, development, individual differences, and interpersonal relationships. The goal of this course is to expose you to the breadth of psychological science as a discipline, rather than make you an expert on specific topics within psychology. We will first cover the foundations and history of psychology and the methods used to understand psychological phenomenon. We will then cover biological bases of psychology and basic processes of sensation, learning, and memory. A variety of perspectives on individual differences and development will be discussed. The course will conclude with social and interpersonal phenomenon and psychological disorders and therapies.

Course Prerequisites/ Corequisites: none

Required Text: Licht, D. M., Hull., M. G., & Ballantyne, C. (2017). *Scientific American: Psychology* (2nd ed.). New York, NY: Worth Publishers.

ISBN-13: 978-1-4641-9949-3

ISBN-10: 1-4641-9949-3

*Note: *LaunchPad* [the online supplemental resources bundled/associated with the textbook] is NOT required for this course. *LaunchPad* includes activities, videos, and study aids for the text that you may find useful. You can get a 21-day free trial if you are unsure whether it will be useful for you.

Course Procedures: Lectures and discussion

OUTCOMES and OBJECTIVES

This class satisfies the General Education requirements in the Social Science Knowledge area.

General Education Learning Outcomes: On completion of this course the student will demonstrate

1. Knowledge of concepts, methods and theories designed to enhance understanding of human behavior
2. Application of concepts and theories to problems among individuals

Cross-Cutting Capacities: Critical Thinking

Course Objectives (derived from American Psychological Association guidelines):

1. Characterize the nature of psychology as a discipline.
2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychology: theory and research representing general domains, the history of psychology, relevant levels of analysis, overarching themes, and relevant ethical issues.

CLASS POLICIES

Academic Conduct: Oakland University students are expected to exhibit behavior consistent with the University's standards of academic integrity and honesty. The University's regulations that relate to academic misconduct will be fully enforced. Any student suspected of cheating and/or plagiarism will be reported to the Dean of Students and, thereafter, to the Academic Conduct Committee for adjudication. Anyone found guilty of academic misconduct in this course may receive a course grade of 0.0, in addition to any penalty assigned by the Academic Conduct Committee. Students found guilty of academic misconduct by the Academic Conduct Committee may face suspension or permanent dismissal. The full policy on academic misconduct can be found in the General Information section of the Undergraduate Catalog. (Academic Conduct Regulations can be found in the Student Handbook, <https://www.oakland.edu/deanofstudents/conduct-regulations/>). Some examples of misconduct relevant to this class include cheating on examinations and unauthorized collaboration during online quizzes.

Classroom Courtesy and Behavior: USE OF ELECTRONIC DEVICES IN CLASS IS STRONGLY DISCOURAGED. While I understand that you absolutely must text your friends to tell them about all of the cool things you're learning in class, your capacity to absorb and engage with the information presented in lecture is diminished if you are not paying attention. Multi-tasking, such as taking notes and texting, result in poor performance for both tasks. Taking notes on a laptop or tablet reduces understanding of conceptual information—not to mention all the time you spend browsing online. If you chose to use a lap-top, please avoid sitting in the front of the classroom. I will give you a brief 3-5 minute break in the middle of class so that you can appropriately update as many people as possible about the lecture thus far. If you chose to use electronic devices anyway, at the very least, be courteous of those around you—do not disrupt and distract the students that are, in fact, paying attention to lecture. Disruptive classroom behavior will be addressed by (1) a general announcement, (2) direct announcement, (3) a request to leave the classroom, and (4) calling Campus Police to have the student removed from the classroom.

Attendance and Participation: Class attendance is expected. Although you will not be penalized if you do not attend class, your exam grade will likely reflect the fact that you have not attended lecture. Please do not email me after an unexcused absence asking for what "important information" was covered in lecture. Class begins at 7:30pm—please be on time. If you do arrive to class late, please enter quietly avoid disrupting the entire class.

Make-up Policy: Expected excuses for exams need to be discussed with the professor at least 1 week before the exam date to schedule a make-up exam time prior to the date scheduled for the class. Unexpected absences due to major life events require immediate notification to the professor and proof of reason for the absence (e.g., Doctor note, police report, etc). The format of the make-up exam may differ from the format of the exam administered to the rest of the class. Arrangements to make-up missed exams must be made within one week of the date in which it was administered to the rest of the class (unless there are extenuating circumstances; e.g., illness that prevents you from attending school). If you have not made arrangements for your make-up exam within one week, you will receive a grade of zero points for that particular exam. There will be no make-up opportunities for Moodle quizzes. There will be no exceptions to these policies. Students who must be absent from class due to University representation events (e.g., athletics, performances) are also subject to these policies (see the OU Excused Absence Policy, below). The class schedule is listed at the end of this syllabus. Schedule your vacation accordingly; early notice of vacationing will not count as an approved rationale for a missed exam.

Excused Absence Policy: University excused absences applies to participation as an athlete, manager or student trainer in NCAA intercollegiate competitions, or participation as a representative of Oakland University at academic events and artistic performances approved by the Provost or designee. For the OU excused absence policy, see <http://www.oakland.edu/provost/policies-and-procedures/>

Moodle: Class materials (e.g., PowerPoint slides, exam study guides), online quizzes, and class announcements will be distributed through Moodle. Please, take the time to become familiar with and learn how to use Moodle. You can access Moodle from the OU main site by clicking “Moodle” on the top banner. If you do not know how to use Moodle, from the Moodle login page you can click “Help” and use the tutorials presented by the IT department.

Add or Drop the Class: The University add/drop dates can be found on the website for the Office of the Registrar (<https://www.oakland.edu/registrar/important-dates/#fall2017additionalinformation>). It is the student’s responsibility to be aware of course drop deadlines.

Special Considerations: A student with a documented learning or physical disability must contact the Office of Disability Support Services, 103A North Foundation Hall, (248) 370-3266, and inform the professor of special needs during first week of classes. For more information, visit <http://www.oakland.edu/dss>

Faculty Feedback: As a student in this class, you may receive “Faculty Feedback” in your OU e-mail if your professor identifies areas of concern that may impede your success in the class. Faculty Feedback typically occurs during weeks 2-5 of the Fall and Winter terms, but may also be given later in the semester and more than once a semester. A “Faculty Feedback” e-mail will specify the area(s) of concern and recommend action(s) you should take. Please remember to check your OU email account regularly as that is where it will appear.

Audio Recording Policy: Students who wish to audio-record lectures may request permission to do so. These recordings may only be used for the purpose of personal study. Students may not share these

recordings with other individuals without the consent of the professor. At the conclusion of the semester, students may request permission to keep these recordings if needed, otherwise it is expected that all audio-recordings will be deleted from all electronic recording and storage devices.

Veteran Support Services: The office of Veteran Support Services (VSS) is responsible for giving support services to more than 300 veterans, service members, and dependents of veterans. VSS is staffed with personnel who are veterans and current or former students. Any student veteran or dependent of a veteran requiring assistance with navigating the Veterans Administration, understanding service-related benefits, or requires referrals to campus and community resources should contact one of the Veterans Liaisons by visiting 116 North Foundation Hall, or phoning 248-370-2010.

<http://wwwp.oakland.edu/veterans/>

GRADES

Course grades will be based on exam scores and research participation.

Regular Exams: There will be 3 regular exams. Each exam will consist of 50 multiple-choice questions, and will be graded on a 0-100% scale (i.e., each question = 2 points). These exams will not be “cumulative.” That is, each of these exams will only cover the material that was covered since the previous exam. Each exam will be worth 20% of your final grade See course schedule for exam dates.

Final Exam: The final exam will have two parts. Part 1 will cover the last section of chapters since exam 3, and will not be cumulative. Part 2 will be cumulative and will assess all of the information that you were responsible for learning this semester. Each part of the final exam will consist of 50 multiple-choice questions, and will be graded on a 0-100% scale (i.e., each question = 2 points). Part 1 is worth 20% of your final grade, and Part 2 is worth 20% of your final grade. See course schedule for final exam date. NOTE THE DIFFERENT START TIME FOR THE FINAL EXAM.

Exam Attendance Policy: Students will not be administered an exam after at least one student has completed the exam and exited the classroom. For example, if a student completes the exam by 7:45pm, and you arrive to class at 7:46pm, you will not be administered the exam and you will receive a 0 on that exam. Be on-time for exams. There are no exceptions to this policy. Once you complete your exam, you are free to leave—there will be no lecture following exams. You will have the full class period to complete the exam.

Study Guides: Study guides will be provided for all exams throughout the semester.

Moodle Quizzes. There will be 10 online Moodle quizzes, each with 10 questions based on the assigned reading and lecture from the previous two class periods. For example, Quiz 2 will cover material from lectures 4 and 5. All quizzes are due by 7:30pm on the date listed on the course schedule. Each Quiz will be open for completion on Moodle for one-week prior to the due date. You will have 20-minutes to complete the Quiz. DO NOT START THE QUIZ UNTIL YOU ARE READY TO COMPLETE IT. There are 100 total points available for Moodle quizzes over the course of the semester. Your cumulative score (i.e.,

sum points out of 100 available points) on the Moodle quizzes will be eligible to replace your lowest *regular* exam grade (i.e., exam 1, 2, OR 3). If your cumulative Quiz grade is lower than all of your regular exam grades, no exam grade will be replaced. Moodle quizzes are open note/book, but please note the time restriction. You are not permitted to work with another student on Moodle quizzes.

Research Participation: All students enrolled in PSY 1000 must fulfill the departmental requirement for research participation. YOU MUST EARN 10 CREDITS BY THE DEADLINE (**April 11, 2018 at 5:00PM**) (<http://wwwp.oakland.edu/psychology/research-participation/>). When you elect to participate in psychological research, you will earn research credit that corresponds to the amount of time required for the study (i.e., studies requiring more time are worth more credits) and the type of study (i.e., laboratory-based studies that require students to schedule appointments and come to campus are worth more credits than internet-based studies that can be completed without coming to campus). The number of credits associated with each study will be clearly indicated as you browse the list of available studies on <http://oakland.sona-systems.com/>. IMPORTANT: FAILURE TO COMPLETE THIS REQUIREMENT WILL RESULT IN A REDUCTION OF YOUR COURSE GRADE SUCH THAT YOU WILL LOSE 1% FOR EACH CREDIT THAT IS NOT COMPLETED. For example, a student who had an average of 90% in the course but failed to complete any of the research participation credits that were required would receive a final grade of 80% (90% - 10%). Because this class has a total of 500 points available, **1 credit = 1% = 5 points**. However, if this student had earned all credits, then the student would have received a 90% in the course. Make sure to indicate that you want your research credits applied to this course. Credits that are not specifically assigned to this class will not be included in your grade at the end of the semester. It is your responsibility to earn research credits and assign them appropriately. Please be sure to earn the required number of credits by the deadline. See course Moodle page for further details and SONA account instructions.

Extra Credit: Extra credit opportunities will be provided at the discretion of the professor. Extra credit points will be added to your total course points at the end of the semester.

Grade Calculation:

Exam 1	100 points @ 20%
Exam 2	100 points @ 20%
Exam 3	100 points @ 20%
Final Exam Part 1	100 points @ 20%
Final Exam Part 2	100 points @ 20%

Total of 500 points

Grade Posting: Exam grades will be posted on Moodle within one week of the exam date. Regular exam grade replacement (see Moodle Quizzes) and extra credit points will be reflected in your Moodle gradebook by 5pm on April 17th. Final exam grades and final course grades will be posted on Moodle by April 25th at 5pm.

The following scale will be used to determine the final grade:

100% (4.0)	90% (3.5)	80% (3.0)	70% (2.0)	60% (1.0)
99% (4.0)	89% (3.5)	79% (2.9)	69% (1.9)	<59% (0.0)
98% (3.9)	88% (3.4)	78% (2.8)	68% (1.8)	
97% (3.9)	87% (3.4)	77% (2.7)	67% (1.7)	
96% (3.8)	86% (3.3)	76% (2.6)	66% (1.6)	
95% (3.8)	85% (3.3)	75% (2.5)	65% (1.5)	
94% (3.7)	84% (3.2)	74% (2.4)	64% (1.4)	
93% (3.7)	83% (3.2)	73% (2.3)	63% (1.3)	
92% (3.6)	82% (3.1)	72% (2.2)	62% (1.2)	
91% (3.6)	81% (3.1)	71% (2.1)	61% (1.1)	

TENTATIVE COURSE SCHEDULE

Week	Date	Topic	Assigned Reading	Likely Covering pp...	Moodle Quizzes Due
1	JAN 3	Syllabus and Course Introduction	Syllabus		
2	JAN 8	L1. Introduction & History of Psychology	Chapter 1 Recommended Reading (RR): Appendix A	2-14	
	JAN 10	L2. Scientific Methodology I		17-33	
3	JAN 15	<i>MLK DAY—NO CLASS</i>			
	JAN 17	L3. Scientific Methodology II		34-42	Quiz 1
4	JAN 22	L4. Neurons & Neural Communication	Chapter 2	50-63	
	JAN 24	L5. The Nervous System & The Brain		63-88	Quiz 2
5	JAN 29	EXAM 1			
	JAN 31	L6. Sensation I	Chapter 3	96-116	
6	FEB 5	L7. Sensation II & Perception			116-135
	FEB 7	L8. Learning I	Chapter 5	190-201	
7	FEB 12	L9. Learning II			203-226
	FEB 14	L10. Memory I	Chapter 6	235-251	
8	FEB 19	<i>WINTER BREAK—NO CLASS</i>			
	FEB 21				
9	FEB 26	L11. Memory II	Chapter 6	252-270	Quiz 5
	FEB 28	EXAM 2			
10	MAR 5	L12. Development I	Chapter 8	328-344 350-352	
	MAR 7	L13. Development II		346-350; 353-370	Quiz 6
11	MAR 12	L14. Personality I	Chapter 11	456-479	
	MAR 14	L15. Personality II		480-491	Quiz 7
12	MAR 19	L16. Individual Differences	Supplemental Chapter	26-34	
	MAR 21	L17. Social Cognition	Chapter 15	620-642	Quiz 8
13	MAR 26	EXAM 3			
	MAR 28	L18. Social Relationships	Chapter 15	642-655	
14	APR 2	L19. Sexual Psychology & Behavior	Chapter 10	418-440 655-660	Quiz 9
	APR 4	L20. Stress & Health	Chapter 12	498-528	
15	APR 9	L21. Psychological Disorders I	Chapter 13	540-553	Quiz 10
	APR 11	L22. Psychological Disorders II		553-570	
16	APR 16	L23. Psychological Therapies	Chapter 14	582-611	
	APR 23	FINAL EXAM (TWO PARTS) 7PM – 10PM			

Note that this course will observe all deadlines posted on the Oakland University Academic Calendar, including add/drop dates. Please, see <https://www.oakland.edu/registrar/important-dates/> for more information.