

PSY 2410, Introduction to Clinical Psychology, 4 Credits, Winter 2018

College of Arts & Sciences
Department of Psychology
Oakland University

Course Information

Instructor: Scott M. Pickett, PhD

CRN #: 14598; Sec. 001

Class Time: T/R 1:00 PM – 2:47 PM

Classroom: 1005 HHB

Office: 209 Pryale Hall

Phone: 248-370-2307

E-mail: pickett@oakland.edu (preferred)

Office Hours: 3:00 PM – 4:00 PM Thursday
(email for an appointment)

Teaching Assistant: Matthew Lico; mplico@oakland.edu; Office Hours: 12:00 PM – 12:45 PM Tuesday/Thursday in the CAS Annex

Course Description

This course offers an introduction to the broad field of clinical psychology. The various roles of a clinical psychologist and subfields of study in clinical psychology will be covered. Detailed attention will be given to the history and current directions of the field, and to the varied activities of a clinical psychologist including assessment, prevention, intervention, research, and consultation.

Required Texts:

Hunsley, J. & Lee, C. M. (2014). Introduction to clinical psychology: An evidence-based approach. Second Edition. Hoboken, NJ: John Wiley & Sons.

- Referred to as H&L.
- Electronic version available at a reduced cost.

Kuther, T.L. (2006). Your Career in Psychology: Clinical and Counseling Psychology. Belmont, CA: Wadsworth Cengage Learning.

- Referred to as Kuther.

Additional readings will be required. These readings will be available either through library access or posted on Moodle. They will be announced in advance or posted on Moodle.

Course Procedures: lectures, discussion, videos, papers

Outcomes & Objectives

Cross-Cutting Capacities: effective communication, critical thinking

Course Objective (derived from the American Psychological Association):

1. Respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
2. Understand and apply psychological principles to personal, social, and organizational issues.
3. Value empirical evidence, tolerate ambiguity, act ethically, and reflect values that are the underpinnings of psychology as a science.
4. Communicate effectively in a variety of formats

Grade Determination

Syllabus Quiz (20 points): Students will complete one online quiz about the content of the syllabus. The quiz will require you to familiarize yourself with the syllabus and the requirements and expectations for the course. The quiz will be completed online and must be completed before the start of the second class period on January 9.

In-Class Activities (20 points): Students will participate in 4 in-class activities throughout the semester (out of 6). If students complete all 6 in-class activities, the highest 4 grades will be retained. Activity reports will be worth 5 points. The in-class activities are designed to get you to engage with the topics and think about the material in an applied way. All of the work will be completed in the classroom. You cannot make up the assignment if you are absent during the class in which the assignment is conducted (or handed out).

Thought Papers (50 points): Students will complete 5 thought paper assignments throughout the semester (out of 5 – YOU MUST COMPLETE ALL 5). Thought papers will be worth 10 points each. Each thought paper will be prior to the beginning of the class period on the day the assignment is due. You will submit your assignment through Moodle. I do not accept late assignments.

The topic of the first four thought papers will be based on ONE of the Psychologists from the “**Profile**” sections at the end of the **assigned chapters from Kuther (2006)**. The thought papers will be a brief summary of the profile and then a comparison of the job duties described in the profile with the course material recently discussed in class. For example, on January 23, your first thought paper is due, which will focus on one of the Profiles at the end of Chapter 7 in Kuther. The thought papers will be graded on the degree to which the paper reflects critical thought/analysis and integration of course material. The thought papers must be double-spaced, use 12 point font, and have 1 inch margins. It should be **NO MORE than 2 pages (BUT MUST BE MORE THAN ONE AND A HALF PAGES)**.

The final thought paper will be a discussion about whether you think clinical psychology is a good career path for you. You should integrate information from the course into your paper, such as what activities you would like to engage in during your career, what career profile is the best match, what might be a viable alternative, what are the reasons you do not think it is the right career for you and so forth. Chapter 8 in Kuther offers some interesting points for consideration for this final thought paper. You should be thinking about these and reporting on the points in your paper. This paper may end up being more than 2 pages- that is acceptable!

Exams (300 points): Students will take 3 exams. Each exam will be worth 100 points. The exams will consist of multiple choice and/or essay questions and will be based upon the readings and lectures FROM THE PREVIOUS EXAM. **There will be no make-up exams. If you miss an exam you will receive a zero for that exam.**

Comprehensive Final Exam (100 points): Students will take a comprehensive final exam worth 100 points. The exam will be multiple choice and will be a collection of questions taken directly from the previous 3 exams. **There will be no make-up exams. If you miss an exam you will receive a zero for the exam.**

It is recommended to be on time for the exams. Students who are late to the exams will only be allowed to take the exam if another student has not turned in his/her exam and left the classroom. **Therefore, after the first person has handed in the test and left the room, students will not be allowed to enter the classroom and take the exam. You will receive a zero for the exam.**

Grading Scale

%	OU Grade	%	OU Grade
100	4.0	89	3.5
99	4.0	88	3.4
98	3.9	87	3.4
97	3.9	86	3.3
96	3.8	85	3.3
95	3.8	84	3.2
94	3.8	83	3.2
93	3.7	82	3.1
92	3.7	81	3.1
91	3.6	80	3.0
90	3.6	79	2.9

%	OU Grade	%	OU Grade
78	2.8	68	1.8
77	2.7	67	1.7
76	2.6	66	1.6
75	2.5	65	1.5
74	2.4	64	1.4
73	2.3	63	1.3
72	2.2	62	1.2
71	2.1	61	1.1
70	2.0	60	1
69	1.9	≤59	0

Grades will be based on the syllabus quiz, 4 in-class activities, 5 Thought Papers, 3 Exams, and the 1 Comprehensive final exam. There will be a total of 490 points possible.

The percentages for your course grade are rounded to nearest whole number based on the number in the tenth position. For example, 69.46% is equal to 69% and receives an OU grade of 1.9

Expectations

Classroom Behavior:

- Turn off cell phones and put them away (DO NOT put them on vibrate and DO NOT text during class), if your cell phone is out, I will ask you to leave class
- If you use a computer to take notes, please remain focused on the classroom activities. If your computer use is distracting, I will ask you to leave class
- Arrive to class on time (if you will be late, then enter from the back of the room and sit near the back entrance)
- If you need to leave early, please sit near the door

Attendance/Class Participation: You should prepare for class by completing the reading assignments prior to class and being ready to participate in any discussions or activities. On occasion, I may call on people (without their hand-raised) to answer questions or get discussion going. If you miss a class, you should get the notes from another student. Never say to me or any other professor “I missed class last time. Did we cover anything important?” If I need to cancel class, I will email the class. Please be sure to link your OU email to your personal email account.

Moodle: You will need to learn how to use Moodle. I will post course information on Moodle, which may include additional information not presented in class. You should check this site prior to coming to class. The UTS suggests that you access Moodle using Mozilla Firefox rather than Microsoft Internet Explorer.

Academic Conduct: Students are expected to conduct themselves in a manner conducive to an environment of academic integrity and respect for the educational process and the safety and well-being of all members of the community. Adherence to the Student Code of Conduct will be expected; violations of this code will be reported to the Dean of Students. The Academic Conduct Regulations can be found in the Student Handbook; <http://www.oakland.edu/deanofstudents>.

Policy on Academic Misconduct: The University’s regulations that relate to academic misconduct will be fully enforced. Any student suspected of cheating and/or plagiarism will be reported to the Dean of Students and, thereafter, to the Academic Conduct Committee for adjudication. Anyone found guilty of academic misconduct in this course may receive a course grade of 0.0, in addition to any penalty assigned by the Academic Conduct Committee. Students found guilty of academic misconduct by the Academic Conduct Committee may face suspension or permanent dismissal. The full policy on academic misconduct can be found in the General Information section of the Undergraduate Catalog.

Special Considerations: A student with a documented learning or physical disability must contact the **Office of Disability Support Services**, 103A North Foundation Hall, (248) 370-3266, and inform the professor of special needs during first week of classes. For more information, visit <http://www.oakland.edu/dss>.

Respect for Diversity: A core value of Oakland University and an essential factor to our academic excellence is diversity and inclusion. Diversity and inclusion at Oakland University include the dimensions of race, sex, gender, identity, gender expression, sexual orientation, age height, weight, disability, color, religion and creed, national origin or ancestry, marital status, familial status or veteran status. An effort will be made to respect and protect the diversity of students, including an objective consideration of student requests regarding diversity issues (e.g., use of a preferred name or pronoun). Students may request scheduling changes in observance of religious holidays, involvement in OU athletics, OU-sponsored student organizations, military service (National Guard), etc. An effort will be made to accommodate such requests, within reason.

Veteran Support Services: The office of Veteran Support Services (VSS) is responsible for giving support services to more than 300 veterans, service members, and dependents of veterans. VSS is staffed with personnel who are veterans and current or former students. Any student veteran or dependent of a veteran requiring assistance with navigating the Veterans Administration, understanding service-related benefits, or requires referrals to campus and community resources should contact one of the Veterans Liaisons by visiting 116 North Foundation Hall, or phoning 248-370-2010. <http://wwwwp.oakland.edu/veterans/>

Excused Absence Policy: University excused absences applies to participation as an athlete, manager or student trainer in NCAA intercollegiate competitions, or participation as a representative of Oakland University at academic events and artistic performances approved by the Provost or designee. For the OU excused absence policy, see <http://wwwwp.oakland.edu/provost/policies-and-procedures/>

Faculty Feedback: As a student in this class, you may receive “Faculty Feedback” in your OU e-mail if your professor identifies areas of concern that may impede your success in the class. Faculty Feedback typically occurs during weeks 2-5 of the Fall and Winter terms, but may also be given later in the semester and more than once a semester. A “Faculty Feedback” e-mail will specify the area(s) of concern and recommend action(s) you should take. Please remember to check your OU email account regularly as that is where it will appear.

Audio Recording Policy: Students who wish to audio-record lectures may request permission to do so. These recordings may only be used for the purpose of personal study. Students may not share these recordings with other individuals without the consent of the professor. At the conclusion of the semester, students may request permission to keep these recordings if needed, otherwise it is expected that all audio-recordings will be deleted from all electronic recording and storage devices.

Add/Drops & Incompletes: The University add/drop and incomplete grade policies will be explicitly followed. It is the student’s responsibility to be aware of the University deadline dates for dropping the course (<http://www.oakland.edu/important-dates>).

Additional Support: Students who would like to seek additional academic support, please contact The Tutoring Center (248) 370-4215. Students who may be in need of counseling or therapy support, please contact the OU Counseling Center (248) 370-3465.

Tentative Class Schedule

Date	Topic(s) Covered	Reading(s)	Activities
<u>Week 1</u> Jan. 4	Online Review of Syllabus		
<u>Week 2</u> Jan. 9 Jan. 11	What is Clinical Psychology? History of Clinical Psychology Overview of Activities of a Clinical Psychologist	Ch. 1 – H&L Ch. 2 – H&L	
<u>Week 3</u> Jan. 16 Jan. 18	Academic Psychology Classification and Diagnosis	Ch. 1 - Kuther Ch. 3 – H&L Ch. 7 – Kuther	Job Search Activity (#1)
<u>Week 4</u> Jan. 23 Jan. 25	Classification and Diagnosis Research Methods	Ch. 3 – H&L Ch. 4 – H&L	Thought Paper #1 Due (Jan. 23) Use ONE Profile at end of Ch. 7 Classification/Diagnosis Activity (#2)
<u>Week 5</u> Jan. 30 Feb. 1	Research Methods EXAM 1	Ch. 4 – H&L	 EXAM 1
<u>Week 6</u> Feb. 6 Feb. 8	Assessment Overview Assessment: Interviewing and Observation Assessment: Interviewing and Observation	Ch. 5 – H&L Ch. 4&5 – Kuther Ch. 6 – H&L	Thought Paper #2 Due (Feb. 6) Use ONE Profile at end of Ch. 4 or 5 Interviewing Activity; Open versus Closed Questions (#3)
<u>Week 7</u> Feb. 13 Feb. 15	Assessment: Intellectual/Cognitive Assessment Assessment: Intellectual/Cognitive Assessment	Ch. 7 – H&L	 Intellectual Assessment Activity (#4)
<u>Week 8</u> Feb. 20 & 22	WINTER BREAK!		
<u>Week 9</u> Feb. 27 Mar. 1	Assessment: Self-Report and Projective Assessment: Self-Report and Projective Assessment: Integration and Clinical Decision Making	Ch. 8 – H&L Ch. 9 – H&L	
<u>Week 10</u> Mar. 6 Mar. 8	Assessment: Integration and Clinical Decision Making EXAM 2	Ch. 9 – H&L	Assessment Report Activity (#5) EXAM 2
<u>Week 11</u> Mar. 13 Mar. 15	<i>Prevention Overview; Community Psychology</i> <i>Clinical Health Psychology; Public Health and Policy</i> Intervention Overview	<i>Ch. 10 – H&L</i> <i>Ch. 15 – H&L</i> Ch. 3 – Kuther Ch. 11 – H&L	 Thought Paper #3 Due (March 15) Use ONE Profile at end of Ch. 3

<u>Week 12</u> Mar. 20	Interventions: Adult Psychotherapy	Ch. 12 – H&L	Intervention Activity (#6)
Mar. 22	Interventions: Adult Psychotherapy Intervention: Children & Adolescents	Ch. 13 – H&L	
<u>Week 13</u> Mar. 27	Intervention: Children & Adolescents	Ch. 13 – H&L Ch. 2 - Kuther	Thought Paper #4 Due (March 27) Use ONE Profile at end of Ch. 2
Mar. 29	Interventions: How does it work?	Ch. 14 – H&L	
<u>Week 14</u> Apr. 3	Interventions: How does it work?	Ch. 14 – H&L	EXAM 3
Apr. 5	EXAM 3		
<u>Week 15</u> Apr. 10	<i>Consultation: Overview</i> Discussion: Career in Clinical Psychology right for you?	<i>Ch. 6 – Kuther</i> <i>Ch. 8 – Kuther</i>	Thought Paper #5 Due (April 12) Final Thought Paper (see ‘Thought Papers’ description above for assignment)
Apr. 12	Semester Review and Prep for Comprehensive Exam		
<u>Week 16</u> Apr. 17	Semester Review and Prep for Comprehensive Exam		
<u>Week 17</u>	FINAL EXAM WEEK Comprehensive Exam: April 24, 2017 (Tuesday), 12:00pm – 3:00pm in 1005 HHB		