

***PSY 3410, Adult Psychopathology, 4 Credits, Winter 2018***

Instructor: Andrea T. Kozak, Ph.D.  
Course Section #: 14597  
Class Time: M/W/F 10:40-11:47 a.m.  
Classroom: 202B O'Dowd Hall

Office: 210 Pryale Hall  
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Office Phone: 248-370-2319  
Office Hours: Wed 12-1 p.m. (No appt. necessary) & by appt.

**Course Description**

Introduction to psychopathology across the lifespan with a focus on the etiology from psychological, biological, and sociocultural perspectives; assessment; diagnosis; and empirically-based treatment options.

**NOTE: This course was formerly titled *Introduction to Psychopathology*. Students who took PSY 341 under that title may not repeat it except for grade improvement.**

***Course Prerequisite:*** PSY 2500 with a grade of 2.0 or higher

***Required Text:*** Barlow, D.H. & Durand, V.M. (2015). *Abnormal psychology: An integrative approach* (7<sup>th</sup> ed.). Belmont, CA: Wadsworth, Cengage Learning.

***Course Procedures:*** lectures, discussions, videos, quizzes, and exams

**Outcomes & Objectives**

***Cross-Cutting Capacities:*** effective communication, critical thinking

***Course Objectives:***

Upon completion of this course, students will be able to

1. Describe the potential causes of mental disorders from a multidimensional approach.
2. State symptoms and signs of mental disorders diagnosed in adulthood.
3. Provide incidence and prevalence rates for a variety of mental disorders.
4. Describe cognitive-behavioral therapy options and other relevant treatments for mental disorders.

**Expectations**

***Policies on Academic Conduct:*** Students are expected to conduct themselves in a manner conducive to an environment of academic integrity and respect for the educational process and the safety and well-being of all members of the community. Adherence to the Student Code of Conduct will be expected; violations of this code will be reported to the Dean of Students. The Code of Academic and Student Conduct can be found at <https://oakland.edu/deanofstudents/student-code-of-conduct/>. Students found in violation of academic conduct regulations may receive a 0.0 for the course.

***Add/Drops & Incompletes:*** The University add/drop and incomplete grade policies will be explicitly followed. It is the student's responsibility to be aware of the University deadline dates for dropping the course. See the following website for add/drop dates: <http://www.oakland.edu/registrar/important-dates/>.

**Stopping one's participation in the class does not mean you have dropped the class; you need to officially withdraw by following the University's procedure for dropping a course.** Incompletes (grades of "I") will be given only in the case of unavoidable medical emergencies (e.g., written note from doctor), and not if you are failing the course. See "Grading System" in your undergraduate catalog for the University's policy regarding incompletes.

**Special Considerations:** Students with disabilities who may require special considerations should make an appointment with campus Disability Support Services: <http://wwwp.oakland.edu/dss/>. Students should also bring their needs to the attention of the professor as soon as possible.

**Veteran Support Services:** The office of Veteran Support Services (VSS) is responsible for giving support services to more than 300 Veterans, service members, and dependents of Veterans. VSS is staffed with personnel who are Veterans and current or former students. Any student Veteran or dependent of a Veteran requiring assistance with navigating the Veterans Administration, understanding service-related benefits, or requires referrals to campus and community resources should contact one of the Veterans Liaisons by visiting 116 North Foundation Hall, or phoning 248-370-2010. <http://wwwp.oakland.edu/veterans/>

**Sensitivity and Respect:** Psychological disorders are very common. According to the National Institutes of Mental Health, approximately 1 in every 4 adults has a diagnosable psychological disorder in any given year. During this course we will be discussing a wide range of behaviors and symptoms, and some may personally impact you or someone you care about currently. It is important to be sensitive and respectful of your classmates. Please do not be alarmed if you begin to recognize some of the symptoms in yourself or someone you know. Medical Student Syndrome is the term used for this typical experience when individuals first learn about various psychological disorders. However, if you find yourself experiencing symptoms that are causing you a great deal of distress or getting in the way of your life, you should contact the Oakland University Counseling Center, which is located in the East Wing of the Graham Health Center (248-370-3465). Students receive the first six sessions for free.

**Class Etiquette:** Out of respect for the professor and your fellow classmates, please turn off your cell phone and put it away for the duration of class. Texting in class will not be tolerated. Laptops in class should only be used for class-related activities. Class will begin everyday on time, so please do your best to arrive to class on time so that you do not miss announcements, lecture material, or the start of a quiz. Please sit near the classroom door if you have to leave early. However, repeatedly leaving early after a quiz is administered will be noted and addressed on an individual basis.

**Reading Assignments:** It is to your advantage to read each reading assignment before the class in which it will be addressed in lecture. This will assure you the opportunity to ask questions regarding unclear material during or immediately following the lecture. In addition, in order to do well on quizzes, it is important that you complete the reading prior to class since the quizzes are based on the reading. Please be aware that the professor may assign additional supplementary reading that will either be handed out in class or posted on Moodle. You can access your Moodle account by logging in via the following website: <https://moodle.oakland.edu/moodle/login/index.php>

**Class Attendance:** Although attendance will not be taken during class, it is very important to attend class if you want to do well in this course. There is a possibility that you will miss quizzes and have difficulty doing well on the exams if your absence is a regular practice. Extra assistance will not be available on account of your failure to attend class. If you need to miss a class, it is your responsibility to determine whether you have missed important distributed materials or information. You will be responsible for all assignments and information regardless of attendance. It is suggested that you exchange contact information with another classmate in the event you need to miss class so that you can obtain notes and learn what you missed.

**Audio Recording Policy:** Students who wish to audio-record lectures may request permission to do so. These recordings may only be used for the purpose of personal study. Students may not share these recordings with other individuals without the consent of the professor. At the conclusion of the semester, students may request permission to keep these recordings if needed, otherwise it is expected that all audio-recordings will be deleted from all electronic recording and storage devices.

**Extra Credit:** Please see the “Book Quizzes” section for more information.

**Severe Weather Policy:** In the event that classes are canceled because of severe weather, all activities (including exams and quizzes) for the canceled class will be covered in the next class period.

**Seeking Help from the Professor:** If you find that you are struggling to understand material or having difficulty with quizzes or exams, please do not wait to seek help. It becomes more and more difficult to improve one's overall grade as time passes. I have found it is best to meet in person rather than discuss class difficulties over email. Also, we do not have time during class to go over exams, so I am available in person to discuss how your exam went and provide individual advice depending on your situation. I am available during my office hour or by appointment. I am also happy to meet with students who are seeking career advice.

### **Grade Determination**

Grades in this course will be based on evaluations of the following materials:

**Exams (400 points):** You will be expected to take five exams that include multiple choice, matching, and/or true/false questions. See course calendar below for dates. Exams will not be cumulative and will only cover the assigned reading and any other activities in class (i.e., lecture, videos, etc.) immediately preceding them. Exam 5 will be administered on the final exam day, but will not be cumulative. Each exam question will be worth 2 points. Please be on time for exams. If you are late for an exam, you will still be able to take it as long as no one else in the class has finished an exam and left the room. Please note that exams will be collected at the end of the class period, so you will not be able to stay after class to finish an exam since another class will be beginning after our class.

**Make-up Examinations:** There will be no make-up examinations. However, your lowest score on Exams 1-5 will be dropped, so if you need to miss an exam, that missing exam score of 0 will be dropped. You must take Exam 5. Keep in mind that if you miss Exam 5, you will receive a zero (0) for that exam and your lowest score for Exams 1-4 will be dropped. Even though one exam score will be dropped, it is recommended that you take all five exams in the event you find one of the exams to be difficult.

**Book Quizzes (100 points):** Throughout the semester 13 quizzes will be administered. Each quiz will consist of 5 multiple choice, matching, and/or true/false questions. Each quiz question will be worth 2 points and **based only on book material as scheduled in the course calendar**. There will be no make-ups for the quizzes. If you are unable to attend class for any reason, and therefore unable to take a quiz if one is given, you will receive a zero (0) for that particular quiz. However, you will have the opportunity to drop your lowest quiz score grade and your two highest quiz scores will count as extra credit (up to 20 points total). Extra credit opportunities will not be available after the semester has ended. Everyone will have access to the same extra credit opportunities, so please do not request "special" extra credit assignments. Emails requesting special extra credit assignments will not receive a response from the professor.

Grades will be determined by summing your points for four exams (400 points), book quizzes (100 points), and any extra credit points (up to 20 points), and then dividing that number by the total class points possible (500 points) to obtain a percentage. A percentage of .5 or higher will be rounded up to the nearest whole number. For example, 69.5% is equal to 70% and 69.4% is equal to 69%. Please note that once your grade is submitted to the Registrar, it cannot be changed unless there is an error. Therefore, please do not contact the professor after the semester is over to request extra credit assignments. Please refer to the table below for converting your percentage to an OU grade:

Percentage	OU Grade
100	4.0
99	4.0
98	3.9
97	3.9
96	3.8
95	3.8
94	3.8
93	3.7
92	3.7
91	3.6
90	3.6
89	3.5
88	3.4
87	3.4
86	3.3
85	3.3

Percentage	OU Grade
79	2.9
78	2.8
77	2.7
76	2.6
75	2.5
74	2.4
73	2.3
72	2.2
71	2.1
70	2.0
69	1.9
68	1.8
67	1.7
66	1.6
65	1.5
64	1.4

84	3.2
83	3.2
82	3.1
81	3.1
80	3.0

63	1.3
62	1.2
61	1.1
60	1.0
≥59	0.0

**Psy 3410 Tentative Course Calendar  
Winter 2018**

<b>Days/Week</b>	<b>Chapter</b>	<b>Topic/Reading</b>
<u><b>Week 1</b></u>		
1/3		Expectations
1/5	1	Abnormal Behavior in Historical Context: What is abnormal behavior?
<u><b>Week 2</b></u>		
1/8	1	<b>Quiz #1</b>
1/10	2	An Integrative Approach to Psychopathology
1/12	2	<b>Quiz #2</b>
<u><b>Week 3</b></u>		
1/15		<i><b>Martin Luther King, Jr. Day – Class canceled</b></i>
1/17	2	
1/19	3	Clinical Assessment & Diagnosis <b>Quiz #3</b>
<u><b>Week 4</b></u>		
1/22	3	
1/24	3	<b>Quiz #4</b>
1/26		<i><b>Exam 1 – Chapters 1-3</b></i>
<u><b>Week 5</b></u>		
1/29	4	Research Methods
1/31	4	<b>Quiz #5</b>
2/2	8	Feeding & Eating Disorders (pp. 268-295, 312-314)
<u><b>Week 6</b></u>		
2/5	8	<b>Quiz #6</b>
2/7	8	
2/9		<i><b>Exam 2 – Chapters 4 &amp; 8</b></i>
<u><b>Week 7</b></u>		
2/12	5	Anxiety Disorders, Obsessive-Compulsive and Related Disorders, & Trauma- and Stressor-Related Disorders
2/14	5	<b>Quiz #7</b>
2/16	5	
<u><b>Week 8</b></u>		
2/19, 2/21, 2/23		<i><b>Winter break – Classes canceled</b></i>
<u><b>Week 9</b></u>		
2/26	5	<b>Quiz #8</b>
2/28	5	
3/2	6	Somatic Symptom and Related Disorders & Dissociative Disorders
<u><b>Week 10</b></u>		
3/5	6	<b>Quiz #9</b>
3/7	6	

**Exam 3 – Chapters 5 & 6**Week 11

3/12	7	Depressive Disorders & Bipolar and Related Disorders
3/14	7	<b>Quiz #10</b>
3/16	7	

Week 12

3/19	7	
3/21	10	Sexual Dysfunctions, Gender Dysphoria, & Paraphilic Disorders
3/23	10	<b>Quiz #11</b>

Week 13

3/26	10	<b>Quiz #12</b>
3/28, 3/30	10	

Week 14

4/2		<b>Exam 4 – Chapters 7 &amp; 10</b>
4/4	13	Schizophrenia Spectrum & other Psychotic Disorders
		<b>Quiz #13</b>
4/6	13	

Week 15

4/9, 4/11	11	Substance-Related & Addictive Disorders
4/13		<b>Note: Class material will be available online since Dr. Kozak will be attending/presenting at a conference in New Orleans</b>

Week 16

4/16	12	Personality Disorders
		<b>Last day of class</b>

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**Exam 5: Monday, April 23, 2018 from 12:00-1:30 p.m. (Chapters 11-13)**

***Note: We will meet in our regular classroom for Exam 5***

Syllabus Acknowledgment (Student Copy)

I, \_\_\_\_\_ have read and understood the syllabus for the PSY 3410  
*Print Name*

course I am taking during **winter semester of 2018**. If I have a question, I agree to consult the syllabus first. If the syllabus cannot answer my question then I agree to contact Dr. Kozak via email, before/after class, or during an office hour. Thank you!

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

Professor signature: \_\_\_\_\_ Date: \_\_\_\_\_

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Syllabus Acknowledgment (Professor Copy)

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*Print Name*

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Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

Professor signature: \_\_\_\_\_ Date: \_\_\_\_\_