# Oakland University School of Nursing

# **Advanced Nursing Care** of Chronic Health Conditions

NRS 6647 (639) CRN #14338

**Faculty:** 

KATIE MYSEN, DNP, RN, FNP-BC Full Time Adjunct Instructor COURSE NUMBER: <u>NRS 6647 (639) – CRN #14338</u>

**COURSE TITLE:** Advance Nursing Care of Chronic Health Conditions

CREDIT & HOUR Total Hours

ALLOCATION: Credits Hrs/Wks Semester
6 3 didactic/3 clinical 42/210

CLASS TIME CLASS: January 3, 2018 – March 25, 2018

& LOCATION: Wednesday, 5:30 pm-8:50 pm, 364 South Foundation Hall

FACULTY OF RECORD: Katie Mysen, DNP, RN, FNP-BC

**Full Time Adjunct Instructor** 

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Office Hours: By Appointment Only

Email: klmysen@oakland.edu

#### **PREREQUISTIES and/or CO-REQUISITES**

Prerequisites: NRS 6633 (641) or NRS 646.

#### **COURSE OVERVIEW**

In this course students integrate concepts of advanced nursing practice, through the synthesis of theoretical, scientific and contemporary clinical knowledge for the assessment and management of individuals and families experiencing common chronic health problems. Primary care nursing management includes health promotion, health protection, disease prevention, and treatment of illness. All objectives incorporate a multicultural context that guide practice for diverse populations including the vulnerable and medically underserved

#### **COURSE OBJECTIVES**

- 1. Provides the full spectrum of ethical health care services to include theoretical, evidence based care including health promotion, disease prevention, health protection, and disease management.
- 2. Demonstrates use of evidence based screening and diagnostic strategies in the development and prioritization of differential diagnoses.
- 3. Incorporates evidence based interventions in the management of acute illness with consideration of access, cost efficacy, reimbursement for quality.

#### **COURSE OBJECTIVES (cont'd.)**

- 4. Continuously evaluates the clinical effectiveness of management plans and modifies treatment plan to optimize client and family outcomes.
- 5. Provides patient-centered ethical care recognizing cultural diversity and the patient or designee as a full partner in decision making..
- 6. Analyze current and emerging technologies to support safe practice environments, and to optimize patient safety and health outcomes.

#### **ESSENTIAL CONTENT**

Management Billing and Coding

Insurance and reimbursement

Chronic EENT Disorders

Chronic Cardiopulmonary Disorders

Chronic Gastrointestinal Disorders

Chronic Endocrinology Disorders

Chronic Neurologic Disorders

Chronic Hem/Onc Disorders

Chronic Immunologic Disorders

Chronic Musculoskeletal Disorders

Chronic Dermatological Disorders

Chronic Reproductive Health

Chronic Mental Health

Disease Self-Management and End of Life Decisions

**EHR** 

#### **TECHNICAL REQUIREMENTS**

All e-Learning courses at Oakland University are delivered using a learning management system called Moodle that allows instructors to design entire courses online or to enhance a classroom-based course. The Moodle software resides on a server allowing students to access it via a web browser, e.g. Mozilla, Firefox. Each course is uniquely designed by the instructor who may include some of the following components in his/her web-based or web enhanced course: course syllabus, course material/content, course assignments, quizzes/tests, hyperlinks to other websites on the Internet and/or other OU web pages, discussion boards, Internal email, and the course grade book.

#### **Logging into Moodle**

Students login to Moodle with their NetID (oakland.edu email) account password. Please remember that anytime you change your NetID password, it will be reflected in your Moodle login.

- Open the Moodle Login page: <a href="https://moodle.oakland.edu">https://moodle.oakland.edu</a>
- Log-in using the first part of your NetID username and password, e.g. if your email is jwilson3@oakland.edu then:
  - o Username: jwilson3
  - o Password: whatever your Oakland University email password is

If you have any problems/issues with Moodle, you need to contact or fill out a help desk request form for e-Learning and Instructional Support.

To view course materials in MOODLE you will need the latest version of Adobe Reader that can be downloaded free of charge at <a href="https://www.adobe.com">www.adobe.com</a>

#### **Communication**

Please contact me using the COURSE EMAIL function in Moodle. You can access course email by logging into Moodle and then clicking on COURSE EMAIL, located on the top of the course home page.

Office hours are available virtually, using WebEx, and in-person by appointment. Please email me to arrange a meeting.

#### **Required Textbooks**

Dunphy, L., Winland-Brown, J., Porter, B., & Thomas, D. (2015). *Primary Care: The Art and Science of Advanced Practice Nursing* (4<sup>th</sup> ed.). Philadelphia: F.A. Davis Company. ISBN: 978-0-8036-3801-3

You can order your text directly from the OU bookstore at <a href="http://oakland.bncollege.com/">http://oakland.bncollege.com/</a>. Supplemental readings and resources will also be made available online through Moodle.

#### **Recommended References**

Fenstermacher, K., & Hudson, B.T. (2015). *Practice Guidelines for Family Nurse Practitioners* (4<sup>th</sup> ed.). Saunders. ISBN: 978-0323290807

There are several mobile applications that may be helpful during your clinical rotations. It is recommended that you utilize one or more of these applications as reference tools during your clinical rotations. (UpToDate is available free of charge to OU students through the OU Library)

Epocrates, <u>www.epocrates.com</u>

DynaMed, www.dynamed.com

UpToDate, www.uptodate.com

#### **Course Format**

This course is offered in a primarily online format. We will be meeting in person on the following dates:

WebEx Meetings: 01/10/18, 5:30pm - 8:50pm

04/11/18, 5:30pm - 8:50pm

OU Campus: 02/07/18, 5:30pm – 8:50pm

OSCE (Troy): 03/22/18, time TBD

In an online course, you are expected to participate in asynchronous activities, such as online discussions, web assignments, or quizzes. These are activities which don't require the entire class to "meet" in the traditional sense – instead, you are expected to participate anytime within a specific window of time. For instance, you may be expected to contribute to an online discussion one to 3 times a week.

For information about specific asynchronous activities, please log into Moodle, or refer to the schedule at the end of this syllabus

#### **Rules of Netiquette**

The course requires an open exchange of ideas. The expectation is to allow the students to feel free to express him/her selves and have views respected. At no time does this mean that other than professional language is used nor that inflammatory responses be included. Any such entries will be deleted and no points allocated for the entry. Remember email and discussion lack inflection and expression that real conversation communicates so take care to prevent inadvertent misunderstandings. Many sources are available on the web under netiquette. Any postings within

the course website considered by the FOR as inclusive of offensive language or insulting comments will be considered as grounds for a failing grade and/or dismissal from the course.

#### **Academic Conduct**

Students are expected to practice and uphold standards of academic integrity and honesty as outlined in the Oakland University undergraduate and graduate catalogs under the section titled "Academic Conduct". Any circumstance of academic dishonest/misconduct or suspected academic dishonesty/misconduct will be reported in accordance with the University Academic Conduct Policy. It is the student's responsibility to review this information and act in accordance. It is the expectation that each student will work independently unless a group project is assigned. All quizzes offered in this course are considered individual activities and therefore any communication, sharing ideas, sharing computers, and/or sharing working space that may compromise individual contribution during allotted quiz times will be considered academic dishonesty/misconduct, will result in a grade of zero (0) for that quiz, and will be reported to the Dean of Students Office. A final grade of Incomplete (I) will be entered if a resolution has not been determined at the time final grade are due. Substantiated allegations of misconduct will result in failure of the course and a grade of 0.0 will be entered as the earned course grade. Any suspected academic dishonesty must be reported to the Dean of Students for consideration by the Academic Conduct Committee of the University Senate and may result in a numerical grade of 0.0 for this course.

#### **Emergency School Closing:**

If Oakland University is closed for any reason, we will not have class. Please call the University's Storm Closing Hotline at (248) 370-2000.

## COURSE AND CLASSROOM REQUIREMENTS

#### **Late Assignments & Missing Assignments**

You will be marked down by 10% of the total grade for the assignment every day that an assignment is late. For example, if you turn in an assignment that is worth 10 points and you get an 8/10, but it is 2 days late, you will receive a 6/10. All assignments more than 5 days late will not be accepted.

#### Extra Credit

Extra credit will be offered at the discretion of the FOR.

#### **Classroom Participation**

Students are expected to:

• Ensure that their computer is compatible with Moodle.

- Login to Moodle 3-5 times a week; daily login is highly recommended.
- Complete relevant reading and study prior to class on the topic areas identified and be prepared to participate in online/on-campus activities each week.
- Follow the calendar of events and complete all assignments by their deadline
- Respond to emails within 2 days
- Participate in a thoughtful manner
- Respect rules of netiquette
  - Respect your peers and their privacy
  - Use constructive criticism
  - Refrain from engaging in inflammatory comments.

The teacher is expected to:

- Login to the course every day
- Moderate conversations in forums
- Respond to email within 48 hours, Monday thru Friday from 8am until 5pm.
- Grade assignments within 10 days of due date

#### **Computer Access**

In order to fully participate in this course, you will need:

- An internet connected computer a web browser installed. *Use of smartphones and tablets is not recommended.*
- In the event that your computer crashes or internet goes down, it is recommended to have a backup plan to be able to log in from another computer or another location as needed.

#### **Technical Assistance**

If you have general questions about the course (such as due dates, content, etc.), please contact the instructor using any of the contact methods described in the instructor section at the beginning of this document. For technical issues that you cannot resolve on your own, please contact the E-Learning and Instructional Support office:

- Phone: (248) 805-1625
- Submit a help ticket: <a href="http://www2.oakland.edu/elis/help.cfm?lms=2">http://www2.oakland.edu/elis/help.cfm?lms=2</a>

If you have any trouble accessing any of the content in this course, please contact the instructor.

#### **Absenteeism and Tardiness during Lecture**

In a master's level course a combination of classroom and on-line meetings will be incorporated. Classroom participation is expected. Class attendance is mandatory. Unexcused absence or repeated tardiness may result in failure of the course. Any student that has an unexcused absence must arrange a meeting with FOR.

Students are to establish a method to notify clinical preceptors in case of an unplanned absence or tardiness in the clinical setting. Any student that has more than one unplanned absence from clinical must also notify the faculty of record of any occurrences beyond the above

#### Policy on: APN STUDENT PROFESSIONALISM EXPECTATIONS

Graduate students in the School of Nursing (SON) are educated in classroom, laboratory, and clinical settings that constitute a professional learning environment. The ANA Standards of Professional Performance are the standards of the profession and are part of the foundation for the SON's curriculum and student expectations. The Standards identify nine behaviors that are expected of every registered nurse. As part of the graduate student's development, it is imperative that these behaviors are demonstrated in all professional settings as part of becoming advanced practice registered nurses.

#### Policy for: NURSE PRACTITIONER CLINICAL HOURS AND TYPHON

#### DOCUMENTATION WITHIN COURSE REQUIREMENTS

#### **Preparation:**

Prior to entering into the clinical/practicum, all students must receive clearance by the Faculty of Record. Any clinical hours completed without prior authorization or approval will not be counted toward the course total and may result in disciplinary action.

All mandatory clinical forms must be received for processing prior to the first day of classes for the semester (see the Student Handbook for detailed information on CPR, health, insurance and licensure requirements). Forms that have not been received and/or failure to meet all health, insurance and licensing requirements may result in an administrative drop from the course.

Based on standards set by American Nurses' Credentialing Center (ANCC) and the American Academy of Nurse Practitioners (AANP) which are the professional certifying bodies for Nurse Practitioners, student clinical hours must be "faculty supervised clinical hours" in "clinical practice as a nurse practitioner in the area of specialization". Hours in continuing education programs, "lunchtime seminars", professional seminar, lunch breaks, down time between patients and driving time do not count toward clinical hours. No clinical hours may be carried forward to or from another semester.

Clinical hands-on time is time spent with the patient for History, Physical, Diagnosis, and Plan. Clinical consultation time is time spent with preceptor discussing the case for increased awareness and knowledge. Clinical hands-on time must be more than clinical consultation time. The expectation is: 70-80% clinical hands-on time; 20-30% clinical consultation time. A total of at least 210 "hands on" and "consultation" time are required to pass the clinical portion of the class and move forward into the next clinical class.

The required clinical/practicum hours must be spread over a MINIMUM of 12 weeks. Early completion of hours will not supersede this course requirement. All hours must be completed by the last day of classes per the academic calendar of the semester, prior to the University Final

Exam period. As determined through evaluation of assignments or clinical performance, the clinical faculty and/or FOR may require additional clinical hours in order for a student to achieve the course objectives. Failure to comply with the additional hours may result in failure of the course.

#### **ID Badges**

All students must have an Oakland University Student ID Badge from the Oakland Center. The badge will display your photo, your name and NP student. The ID badge is to be worn at all times when in the clinical setting. No stickers, pins or other items should cover any of the identifying areas of your badge at any time.

#### **Clinical Dress Code**

During clinical hours students are to dress in a professional manner appropriate for the setting. **At no time are shorts, skorts, sandals, leggings, jeans** or other non-professional dress wear acceptable. A full length white lab coat should be worn unless dictated otherwise by the setting. Should attire other than the above be required in the clinical setting, faculty is to be notified.

#### **Clinical Communication**

Students are to provide the clinical faculty with their clinical schedule by the second week of the semester. Changes to hours, settings, preceptors after the second week of the semester must be approved by the clinical faculty. Students are to provide the clinical faculty with a cell phone number where they can be reached to discuss clinical visits.

#### **Absenteeism and Tardiness during Clinical**

Students are to establish a method to notify clinical preceptors in case of an unplanned absence or tardiness in the clinical setting. Any student that has more than one unplanned absence from clinical must also notify the faculty of record of any occurrences beyond the above.

#### **Changes in Clinical Preceptor during the Semester**

Should students need to change clinical preceptors during the semester they are to notify the faculty of record in writing ASAP. The FOR will evaluate the situation and determine of another site will need to be assigned. If a new site is needed, the student must await approval of the clinical preceptor, contract completion, and verification of all required paperwork prior to beginning any clinical experiences. Failure to follow the above procedure may result in a loss of clinical time and course failure.

#### **Clinical Site Visits**

Oakland University faculty will make up to two clinical site visits during the semester to review students' progress in decision making and clinical skills. Students are responsible for scheduling these visits with the clinical faculty assigned to them. It is the student's responsibility to maintain

flexibility to accommodate the clinical faculty's schedule. Students may need to exceed their clinical hours if faculty is not able to schedule a visit within the 210 hour timeframe. The Final Evaluation may not be completed prior to 12th week of the course. Failure to accommodate either evaluation/faculty visit may result in failure of the course.

#### **Clinical Hours**

210 clinical hours (patient contact & consult) must be completed by Friday of the last week of the academic calendar. No clinical hours can be completed during official school closings except those due to inclement weather. During inclement weather the student has the right to decide if they can safely travel to and from their clinical site and safely complete their clinical time.

#### **Preceptor Clinical Midterm & Final Evaluations**

Students will distribute Clinical Evaluation Preceptor forms to their clinical preceptors. Students are to meet with clinical preceptors, discuss progress, and sign forms. The completed evaluation forms must be submitted to the faculty of record at mid-term and prior to final exam. Students are to make a copy of evaluations for their records. See Course Schedule for midterm and final clinical preceptor due dates.

Clinical Preceptor Evaluation forms are to be submitted to the faculty as delineated in the above section regarding requirements for the class. It is the student's responsibility to schedule time with the clinical preceptor to assure that the feedback forms are:

- 1) Completed by the clinical preceptor
- 2) Signed by the clinical preceptor
- 3) Signed by the student
- 4) Filled in including the # of clinical hours completed by the student at the site
- 5) Forwarded to the faculty in a sealed envelope with the clinical educator's signature across the seal (original documents only)

If a student is completing their hours at two sites, the student will need to submit two clinical preceptor evaluations, two for midterm and two for final.

Forms that are missing any of the above content will be returned to the student. Students that do not have both midterm and final clinical preceptor feedback forms on record will receive an incomplete grade for the course

Clinical preceptors are not paid for the services they render to students and the university. It is a courtesy to formally express your thanks via a formal letter or note of appreciation

#### RECOMMENDED SAFETY GUIDELINES FOR CLINICAL EXPERIENCES

These guidelines have been developed for the safety of students in clinical experiences and are not intended to be all inclusive:

- 1. Maintain car in good condition.
- 2. Carry and learn to use a map and/or street guide, a computer search for directions or a GPS navigation system to obtain directions to clinical locations.
- 3. Know the location of gas stations within the neighborhood where you are working.
- 4. It is recommended students have a cell phone available.
- 5. When making home visits or visiting alternate agencies, leave schedule and agency information with instructor and notify the instructor of any changes in schedule. Call the instructor if you have any suspicions that community site is unsafe.
- 6. Carry phone numbers to call the agency and/or faculty member in case of difficulty.
- 7. Keep car doors locked at all times.
- 8. All valuables should be left in a safe place or preferably not carried at all during clinical rotations.
- 9. All field visits or other learning activities are to be scheduled during designated days and hours unless approved by the clinical instructor in advance.
- 10. A visible and unobstructed Oakland University name badge is to be worn at all times by every student.
- 11. Any concerns that the student has about safety, security or client assignment should be discussed with the faculty member.
- 12. At no time shall a student transport clients and/or family members in their personal vehicle.
- 13. All absences and/or anticipated tardiness are to be reported to the clinical faculty personally in a timely manner.
- 14. Clothing accessories (e.g., ties), jewelry (earrings) etc. should not be of the type that can be utilized by clients to cause injury to the client or student.
- 15. When arriving or leaving a clinical site, be alert and aware of your surroundings.
- 16. Be familiar agency safety policies where you are working.

#### **COURSE EVALUATION**

### **Course Requirements**

Students will be graded based on the following assessments.

#### **Didactic 50% of Final Grade**

Quizzes	20% of didactic grade
Assignments	20% of didactic grade
Midterm Exam	20% of didactic grade
Final Exam	30% of didactic grade

#### **Clinical: 50% of Final Grade**

Clinical Notes	30% of clinical grade
OSCE	30% of clinical grade
Midterm Clinical Evaluations	30% of clinical grade
Typhon Documentation	10% of clinical grade
Final Clinical Evaluations	Pass/Fail

Students must pass both the didactic and clinical portions with 80% or higher in order to receive a passing grade for the course. A score in either the didactic or clinical portion < 80% will be calculated into the total course grade as a zero. For instance, if a student receives a 90% in the clinical portion but receives a 75% in the didactic portion the score will be calculated as follows:

$$90(.50) + 0(.50) = 45\%$$
 final course grade

Similarly, if a student receives a 70% in the clinical portion and 95% in the didactic portion, the grade would be calculated as follows:

$$0(.50) + 95(.50) = 48\%$$
 final course grade

# **Class Assignment Description**

#### **Didactic**

#### **Ouizzes**

There will be quizzes covering the content discussed in the lectures and reading for each module. These quizzes will be offered in an online format. They will be open at the beginning of each module and may be taken at any time during the module. The student will have one attempt at each quiz. If the student fails to take the quiz before the closing date/time, the student will receive a zero for that quiz.

#### **Exams**

There will be two exams this semester. The midterm exam will cover the content from the first 3 modules of the semester. The final will be covering the content from the last 3 modules.

These exams will both be offered online at a time/date to be determined by the instructor.

#### **Clinical**

#### **Assignments**

Specific assignment information can be found in Moodle.

Typhon Documentation: Students are required to weekly/routinely enter data in the Typhon database. Routine evaluation of entry will be completed by the FOR and reported to the clinical faculty. Any discrepancy between student records and Typhon data during the Midterm or Final Evaluation will default to the data recorded in Typhon and the student progress (completed hours) will reflect the Typhon data. Documentation in Typhon will be graded twice throughout the semester on a pass/fail basis. The documentation will be worth a designated number of points, which will be earned by completion of the documentation by the due date. Failure to complete the documentation will result in a score of zero for the assignment. At midterm at least 80-105 must be entered into Typhon. At Final at least 210 hours must be entered into Typhon.

Students who are tardy in the recording data will not receive Typhon documentation points. It is the student's responsibility to routinely evaluate their progress and pace toward achieving clinical requirements. Clinical hours recorded in Typhon must be equal to, or greater than, the clinical hours required for the course and must match the plan provided to the clinical faculty, and match signed clinical preceptor feedback form. Failure to accurately enter the above data into Typhon in accordance with described procedure will be reflected in the student's grade.

Other assignments may be assigned at the discretion of the instructor.

#### **Midterm Evaluation**

The midterm evaluation will be performed by clinical faculty. Students may be evaluated at their clinical site or with the use of a standardized patient, at the discretion of the FOR. The midterm evaluation will be worth a designated number of points, assigned by the clinical faculty. If a student receives a failing grade (< 3.0) from his/her clinical faculty, the faculty and the student will discuss strategies for meeting the clinical objectives during the second half of the semester. These students may be expected to complete remediation activities, at the discretion of the FOR. Failure to satisfactorily complete the remediation activities may result in failure of the course.

#### **Final Clinical Faculty Evaluation**

The final clinical evaluation will be performed by the clinical faculty and will be graded on a pass/fail basis. Students who receive a failing grade (<3.0) on the final clinical evaluation will receive a zero for the clinical portion of the course grade.

# Course Schedule\*

Module	Topic	Didactic Activities	Clinical Activities		
	Ethics/Legal Issues	WebEx 01/10/17	iHuman (optional)		
1	Business	5:30pm-8:50pm			
01/03/18-01/16/18	Chronic Neurological and				
01/03/10 01/10/10	Psychological Conditions	Module 1 Quiz: Due			
		01/16/18	'H 'd Cl' : 1 N.d.		
		Module 2 Quiz: Due 01/30/18	iHuman with Clinical Note: Due 01/30/18		
	Chronic Dermatological Conditions				
2 01/17/18-01/30/18	Chronic Ear, Eye, Nose and Throat Conditions				
01/1//10-01/30/10	Chronic Respiratory Conditions				
	Chrome respiratory conditions				
		ON CAMPUS 02/07/18	iHuman (optional)		
			Maria Barana		
3 01/31/18-02/13/18	Chronic Cardiovascular Conditions Chronic Renal Conditions	Midterm Course Survey: Due 02/13/18	Midterm Evaluations: Due 02/13/18		
			Typhon Documentation: Due		
			02/13/18		
	Winter Recess				
	02/17/18- Midterm Ex				
	02/2				
	5:30pm-				
		Module 4 Quiz: Due 03/13/18	iHuman with clinical note:		
	Characia Castaniata tinal Canditiana		Due 03/27/18		
4	Chronic Gastrointestinal Conditions Chronic Women's Health Conditions				
02/28/18- 03/13/18	Chronic Men's Health Conditions				
		Module 5 Quiz: due 03/28/18	iHuman (optional)		
			Breaking Bad News (optional):		
	Chronic Musculoskeletal Conditions		03/14/18		
5	Chronic Endocrine Conditions				
03/14/18- 03/27/18			Objective Structured		
03/27/18			Clinical Examination with		
			Clinical Note (Troy):		
		WebEx 04/11/18	03/22/18 iHuman (optional)		
		5:30pm- 8:50pm	(optional)		
6	Chronic Hematological Conditions		Final Clinical Evaluations:		
03/28/18-04/17/18	Chronic Immunological Conditions	Final Course Evaluations: Due 04/17/18	Due 04/17/18		
			Typhon Documentation: Due 04/17/18		
Final Exam (Online) 04/25/18					
04/25/18 5:30pm-8:50pm					
5.5vpm²0.5vpm					

# \*Course Schedule subject to change, see Moodle for official dates