Oakland University School of Nursing

Health Promotion I

NRS 2171 (216)
CRN# 10470

Faculty:

Nicole Clark DNP, APRN, FNP-BC
Full-Time Adjunct Professor

Winter, 2018

COURSE NUMBER: NRS 2171 (216) - CRN #10470

	Credits	**Hrs/Wks**	**Total Hours Semester**
CREDIT & HOUR ALLOCATION:	3	3 x 14	42

COURSE TITLE: Health Promotion I

CLASS TIME & LOCATION: Wednesday, 11:00 am – 1:30 pm
5045 Human Health Building (HHB)
January 3, 2018 – April 25, 2018

FACULTY OF RECORD: Nicole Clark DNP, APRN, FNP-BC
Full-Time Adjunct Professor
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PREREQUISITS and/or CO-REQUISITES

Co-requisites: NRS 206 (2111), NRS 207 (2123), NRS 208 (2131), NRS 209 (2133), NRS 213 (2165), and NRS 252 (2181)

COURSE OVERVIEW

This course explores the concepts of health, wellness, and health promotion from a nursing perspective for the developmental stages of prenatal through adolescence. Specific areas of discussion will include cultural diversity, vulnerable populations, and the role of the professional nurse in the health promotion/disease prevention.

COURSE OBJECTIVES

1. Examine growth and development principles applicable to the prenatal through adolescent periods.

2. Discuss health and health promotion from a nursing perspective as they relate to prenatal through adolescent clients and their families.

3. Discuss issues related to culture and vulnerability from a nursing perspective as they relate to prenatal though adolescent clients and their families.

4. Recognize the impact of cultural diversity and vulnerability related to health behavior and the role of the professional nurse.

5. Discuss the role of the professional nurse related to providing health promoting and/or disease prevention education to prenatal through adolescent clients and their families.

ESSENTIAL CONTENT

Growth and developmental principles applicable to prenatal through adolescent clients

Health and health promotion from a nursing perspective

Cultural diversity

Vulnerable populations

Role of the professional nurse providing health promotion/disease prevention education

TECHNICAL REQUIREMENTS

All e-Learning courses at Oakland University are delivered using a learning management system called Moodle that allows instructors to design entire courses online or to enhance a classroom-based course. The Moodle software resides on a server allowing students to access it via a web browser, e.g. Mozilla, Firefox. Each course is uniquely designed by the instructor who may include some of the following components in his/her web-based or web enhanced course: course syllabus, course material/content, course assignments, quizzes/tests, hyperlinks to other websites on the Internet and/or other OU web pages, discussion boards, Internal email, and the course grade book.

Logging into Moodle
Students login to Moodle with their NetID (oakland.edu email) account password. Please remember that anytime you change your NetID password, it will be reflected in your Moodle login.

- Open the Moodle Login page: https://moodle.oakland.edu
- Log-in using the first part of your NetID username and password, e.g. if your email is jwilson3@oakland.edu then:
    - Username: jwilson3
    - Password: whatever your Oakland University email password is

If you have any problems/issues with Moodle, you need to contact or fill out a help desk request form for e-Learning and Instructional Support.

To view course materials in MOODLE you will need the latest version of Adobe Reader that can be downloaded free of charge at www.adobe.com

REQUIRED TEXTBOOK

Edelman, C., Kudzma, E., & Mandle, C. (2014). *Health promotion throughout the lifespan* (8th ed.). St. Louis, MO: Mosby. ISBN: 978-0-323-09141-1 or electronic book ISBN: 9780323096638.

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: Author. ISBN-9781433805615.

REQUIRED MATERIALS

Course Syllabus
Online access to Moodle
Akindi Bubble Sheets for quiz dates

COURSE FORMAT

The course structure follows a combination of face-to-face lecture, discussion, and course activities. There will be face-to-face quizzes and discussion forums on Moodle.

COURSE REQUIREMENTS & GUIDELINES:

Attendance is expected. It is the student's responsibility to acquire course material and information missed when absent.

Students are to be prepared for class, having read assigned readings and viewed PowerPoints for each week. Completing the reading before class will prepare you to have a greater understanding of class material and will further prepare you for class discussions/activities.

Student & Professor Expectations:
Students are expected to:
- Attend class
- Participate in class
- Complete all reading assignments before each class
- Ensure that their computer is compatible with Moodle.
- Daily login is highly recommended
- All correspondence with FOR is through Moodle email
- Follow the calendar of events and complete all assignments by their deadline
- Respond to emails within 2 days
- Participate in a thoughtful manner
- Respect rules of netiquette
    - Respect your peers and their privacy
    - Use constructive criticism
    - Refrain from engaging in inflammatory comments.

The Professor is expected to:
- Login to the course every day
- Moderate conversations in forums
- Respond to email within 2 days between 9:00am-5:00pm Monday through Friday
- Grade assignments within 7 days of the assignment deadline

Technical Skills & Required Technology:

Students enrolled in this course are expected to have a moderate level of computer proficiency. Students should be comfortable doing all of the following:

- Using chosen computer operating system and a web browser
- Following online directions for using a new program
- Typing at least 20 words a minute
- Troubleshooting basic computer problems
- Working through problems that can't be resolved on own with remote support technicians

In order to fully participate in this course, students will need:

- An internet connected computer a web browser installed. *Use of smartphones and tablets is not recommended.*
- In the event that computer crashes or internet goes down, it is recommended to have a backup plan to be able to log in from another computer or another location as needed.

Academic Conduct
Any circumstance of academic dishonest/misconduct or suspected academic dishonesty/misconduct will be reported in accordance with the University Academic Conduct Policy. All students are directed to the School of Nursing Undergraduate Student Handbook Policies and Procedures for Progression, Retention and Dismissal in the School of Nursing. It is the student's responsibility to review this information and act in accordance. It is the expectation that each student will work independently unless a group project is assigned. All quizzes offered in this course are considered individual activities and therefore any communication, sharing ideas, sharing computers, and/or sharing working space that may compromise individual contribution during allotted quiz times will be considered academic dishonesty/misconduct, will result in a grade of zero (0) for that quiz, and will be reported to the Dean of Students Office. A final grade of Incomplete (I) will be entered if a resolution has not been determined at the time final grade are due. Substantiated allegations of misconduct will result in failure of the course and a grade of 0.0 will be entered as the earned course grade.

MOODLE POLICIES

If students are not familiar with the use of MOODLE, please arrange an orientation session through the Office of E-Learning. For additional resources, https://oakland.edu/online/resources/

In Moodle we will be using the following:

- **Announcements-** updated announcements and reminders will be posted. Please note that when viewing announcements please click "view all announcements" at top of page

- **Course Information**- will include the syllabus, assignment descriptions, and rubrics.

- **Course Documents**- will include module content, video links, powerpoints, URL links.

- **Discussion Forums**- When you post under this section, you can read and respond to all your peers. Rules of netiquette apply in forums.

- **External Links**- will link you directly to important websites

- **Course Email**- this will be the preferred method of communication with FOR

EVALUATION TECHNIQUES

Evaluation will be completed through the use of written examinations, on-line discussion forums, and classroom based activities.

Student Reflection	10 points (x2)
Quiz I	35 points
Quiz II	35 points
Discussion Forum I	10 points
Course Total	**100 points**

Make-up examinations will only be given in **extenuating** circumstances. The student is required to submit documentations pertaining to their reason for absence. If the student is unable to take the exam on the scheduled date and time, the instructor must be notified prior to the scheduled exam period in the case of alternative arrangements.

Rubrics for course assignments will be posted on the course Moodle site.

Student Progression

Any student that fails an assignment must schedule an appointment with faculty of record (FOR) to discuss potential need for remediation plan or potential impact on unsuccessful completion of course.

Late Assignments & Missing Assignments

The FOR has the right to refuse to accept any late assignments. If a late assignment is accepted, it will be graded and then 10% will be deducted per day it was overdue.

Quizzes are mandatory. If the student fails to take the quiz in the allotted timeframe, the student will receive a zero for that quiz unless previous arrangements have been made with the FOR.

Extra Credit

Extra credit may be made available as the course progresses at the discretion of faculty. All students are entitled to complete the extra credit assignment. Individual extra credit will not be offered. Students that do not earn the minimal points to pass the course will not be permitted to pass the class through extra credit points. Extra credit points will not factored into any final course grade unless the student has earned a minimal passing grade in the course.

Classroom Participation

Students are expected to actively and regularly contribute to the classroom discussions.

EXAMINATION GUIDELINES

Examination dates are located in the course outline and Moodle page.

Students will need to print Akindi scoring sheet to class on quiz dates. A template can be found on Moodle page. Students must also bring to class their Grizz ID #, and #2 pencils on quiz dates. Nothing is permitted on the desk, except the exam, Akindi scoring sheet, and pencils. No cell phones, audio equipment, or computers are permitted during the exam.

It is the student's responsibility to read and follow the instructions on the exam booklet.

Students are to turn the quiz booklet it in at the end of the exam. All quizzes are considered "secure" and therefore should never leave the classroom. If the quiz booklet is not turned in with the student's name at the end of the exam period, the student will receive a zero and referred for academic misconduct.

Please refer to the School of Nursing Undergraduate Handbook for additional information.

REVIEW OF EXAMS:

Exam results will be shared on the course Moodle site through the Announcement section.

CLASS CONDUCT

Cell phones are to be turned off at all times during lecture.

Taking notes on a laptop is allowed. Students observed using their laptop for any other purpose (shopping, emailing, texting) will be asked to leave the class.

Audio taping is not allowed unless discussed with FOR.

You are expected to behave with professional and personal integrity at all times.

Oakland University School of Nursing
GRADE CONVERSION

Note: 70% = 2.5

PERCENTAGE	GPA
100.00	4.0
98.00 – 99.99	3.9
96.00 – 97.99	3.8
94.00 – 95.99	3.7
92.00 – 93.99	3.6
90.00 – 91.99	3.5
88.00 – 89.99	3.4
86.00 – 87.99	3.3
84.00 – 85.99	3.2
82.00 – 83.99	3.1
80.00 – 81.99	3.0
78.00 – 79.99	2.9
76.00 – 77.99	2.8
74.00 – 75.99	2.7
72.00 – 73.99	2.6
70.00 – 71.99	2.5
68.00 – 69.99	2.4
66.00 – 67.99	2.3
64.00 – 65.99	2.2
62.00 – 63.99	2.1
60.00 – 61.99	2.0
58.00 – 59.99	1.9
56.00 – 57.99	1.8
54.00 – 55.99	1.7
52.00 – 53.99	1.6
50.00 – 51.99	1.5
48.00 – 49.99	1.4
46.00 – 47.99	1.3
44.00 – 45.99	1.2
42.00 – 43.99	1.1
40.00 – 41.99	1.0

Approved Faculty Assembly 2/20/03
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