

HS 3000: Community & Public Health

Oakland University

School of Health Sciences

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Office hours: Thursdays, 12:00-1:00pm or by appointment
Course: HS 3000 – Winter 2018; 4 credits - CRN 41879 (previously HS 302)
Course times: 10:00-11:47am, Tuesdays and Thursdays
Classroom: 1050 Human Health Building (HHB)

Course description

Biological, psychosocial, socio-cultural, economic, philosophical, political, ethical, environmental, community and public health organization factors, as determinants of health are discussed relative to the distribution, cause, prevention, and treatment of disease. Topics include epidemiological health indicators, goals, systems of health care delivery, disparities, diversity/stereotyping, gender, age and disability issues. *This course satisfies the university general education requirement in the social science knowledge exploration area and in U.S. Diversity.*

Prerequisite(s): HS 2000 (previously HS 201) or instructor permission.

Learning outcomes

(Required General education objectives and cross-cutting capacities are in ***bold italics*** below):
The primary course objective is to increase students' understanding of factors associated with health disparities and individual wellness. As a result of this course, students will be able to:

1. Explain the determinants of health and health intervention strategies;
2. ***Evidence knowledge of concepts, methods, and theories designed to enhance our understanding of human behavior and/or societies;***
3. Converse clearly about the goals and objectives of Healthy People 2020;
4. Apply appropriate terminology, epidemiologic methods, and techniques;
5. Demonstrate an understanding of individual and community health promotion issues;
6. ***Develop and enhance the cross-cutting capacity of social awareness about health disparities that exist between race, ethnic, age, and gender groups;***
7. ***Demonstrate knowledge of how diverse value systems and societal structures are influenced by factors as race, ethnicity, gender, minority status, disability, and age;***
8. ***Identify the major challenges and issues that the above factors raise in contemporary society; and***
9. ***Demonstrate application of concepts and theories to health problems involving individuals, institutions, or nations.***

Required text

An Introduction to Community & Public Health by James F. McKinzie, Robert R. Pinger, and Denise Seabert (2016). 9th Edition. Burlington, MA: Jones & Bartlett Learning.

NOTE: Electronic access code is NOT required

Academic integrity

All members of the academic community at the School of Health Sciences and the larger Oakland University are expected to practice and uphold standards of academic integrity and honesty. This includes plagiarism, cheating, unauthorized collaboration, fabrication, falsification of records or official documents, intentional misuse of equipment or materials, and aiding and abetting the perpetration of such acts. Any misrepresentation of students' work is cheating (i.e., claiming credit for ideas or work that students did not do and seeking a grade from that work). The preparation of reports, papers, and for examinations must represent each student's own efforts. Reference sources should be clearly indicated. The use of assistance from other students or aids of any kind during a written examination, except when the use of aids such as electronic devices, books, or notes has been approved by the professor, is a violation of the academic conduct standard expected in this course.

The Oakland University policy on academic conduct will be strictly followed with no exceptions. See the catalog under Academic Policies and Procedures for more information: www.oakland.edu/pace/policies-procedures. Any students not upholding academic integrity standards **will receive a zero on the assessment or the overall course grade.**

Course format and expectations

The format of the course is a combination of lectures, in-class exercises, and discussions, based on the readings, other media sources, and the instructor's own experiences and research. Attendance and participation is expected for all classes. Exams will be based on lecture notes, videos, class discussions, and course readings.

Classroom expectations

Students registered or taking courses in the School of Health Sciences are expected to behave with professional conduct. Courtesy, honesty, and respect should be shown by students to faculty members, guest lecturers, administrative support staff, community partners, and fellow students. Similarly, students should expect faculty to treat them fairly, showing respect for their ideas and opinions, and striving to help them achieve maximum benefits from their experience. Some topics will be sensitive by nature, and all students are expected to be inclusive to differing ideas and opinions. Students are encouraged to exchange ideas and to integrate personal experiences into the class.

Note: you will lose an overall point (not percent) to your course grade each time you misspell Dr. Mozhgong Rajae's name (yes, seriously).

Students interested in receiving letters of recommendation for graduate school or professional job opportunities from Dr. Rajae should be aware of several important requirements. You must spend appropriate time and energy building a relationship with her through your participation in class and office hours. You will need to earn a final grade of at least a 3.5 in this class.

Emails

Emails directed to Dr. Rajae should **at least include "HS 3000" in the subject line**. Most emails will be responded to within 48 hours, but note that Dr. Rajae may be slower to respond on weekends and evenings.

Electronics

All communication and musical devices (cell phones, iPods, tablets, etc.) are to be **silenced** during class. While laptop computers are permitted, students are encouraged to take notes by hand when possible. Any engagement in distracting or inappropriate browsing during class is prohibited. Students are **not permitted to take photos of lecture slides** in class, unless permission is explicitly granted.

Attendance and evaluations

Attendance in class is required on dates of any scheduled assignments or examinations and is part of your participation grade. Students are expected to arrive for class on time and to refrain from disturbing the flow of the class through conversation or distracting behavior. Attendance will be taken periodically. A student who leaves class after attendance has been taken or has missed the majority of class will be marked absent accordingly.

Students with emergency situations need to notify the professor promptly **in advance** or **no later** than the day of the class/examination (through email and/or voicemail) if they are unable to be present. If an absence is *not excused* on an exam day, a grade of 0.0 will be recorded. It is the responsibility of the student to request opportunities to complete missed assignments, examinations, or other course requirements in a timely manner. Students are responsible for all material covered in classes that they miss, even when their absences are excused.

The University add/drop policy will be explicitly followed. It is the student's responsibility to be aware of the University deadline dates for dropping the course.

Student accommodations

Students with disabilities who may require special accommodations should make an appointment with campus Disability Support Services, 106 North Foundation Hall (phone: 248-370-3266). Students should also bring their needs to the professor's attention as soon as possible (*before or during the first two weeks of classes*) and provide the "Letter of Accommodations" created by DSS.

For activities such as athletic competitions, where schedules are known prior to the start of a term, students must provide a written schedule showing days they expect to miss classes to their professor *before or during the first two weeks of classes*. Students who expect to miss classes, examinations, or other assignments through their religious observance shall be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent.

Evaluation

All components of the course requirements are mandatory and must be passed and completed. Failure to pass **each** individual course requirement component may result in failing the overall course. There are four exams each worth 17.5% of the final grade.

All assignments will be completed **in class**. Students unable to attend class on days with assignments must make prior arrangements with Dr. Rajaei to make up the assignment. Unless prior arrangements have been made, ten percent (10%) of an assignment grade will be subtracted per day for *late assignments* after the due date. All assignments must be completed within **five** (5) days (including weekends) of the due date. The main components to the grade are described below.

The overall final grade you earn in this class will be based on four (4) key components:

- | | |
|---------------------------|------------|
| 1. Exams | 280 points |
| 2. Quizzes | 40 points |
| 3. Reflection assignments | 60 points |
| 4. Participation | 20 points |

Total possible points (100%) 400 points

Assessments

NOTE: Detailed descriptions and requirements will be provided for each assignment.

Assignments: 15% (15 points each; 60 points total)

All reflection assignments will be *done and turned in to the instructor in class*.

RA 1: Due Thur., Jan. 18, 11:47am

RA 2: Due Thur., Feb. 8, 11:47 am

RA 3: Due Tues., Mar. 13, 11:47 am

RA 4: Due Thur., Apr. 12, 11:47 am

Exams: 70% (280 points total; 70 points each)

Akindi answer sheets for the exams will be provided to you by the instructor.

Exam 1: Tues., Jan. 30, in class (17.5%; 70 points)

Exam 2: Tues., Mar. 6, in class (17.5%; 70 points)

Exam 3: Tues., Mar. 27, in class (17.5%; 70 points)

Exam 4: Tues., Apr. 19, 9:00am (17.5%; 70 points)

Quizzes: 10% (40 points total; 10 points each)

Quizzes will be done through *Moodle* and due by 11:59pm on the designated Monday.

Quiz 1: Mon., Jan. 15, 11:59pm, via Moodle

Quiz 2: Mon., Feb. 12, 11:59pm, via Moodle

Quiz 3: Mon., Mar. 12, 11:59pm, via Moodle

Quiz 4: Mon., Apr. 2, 11:59pm, via Moodle

Participation: 5% (20 points total)

Participation will be captured by attendance, engagement, and participation. Attendance will be checked throughout the semester. You may have up to 4 missed classes without any penalty (i.e., losing any points).

Grading scale											
A	100%	4.0	B	89%	3.5	C	79%	2.9	D	69%	1.9
	99%	4.0		88%	3.5		78%	2.8		68%	1.8
	98%	4.0		87%	3.4		77%	2.7		67%	1.7
	97%	3.9		86%	3.4		76%	2.6		66%	1.6
	96%	3.9		85%	3.3		75%	2.5		65%	1.5
	95%	3.8		84%	3.3		74%	2.4		64%	1.4
	94%	3.8		83%	3.2		73%	2.3		63%	1.3
	93%	3.7		82%	3.2		72%	2.2		62%	1.2
	92%	3.7		81%	3.1		71%	2.1		61%	1.1
	91%	3.6		80%	3.0		70%	2.0		60%	1.0
	90%	3.6									
									F	≤59%	0.0

Student Resources

We want you to succeed! And we want you to connect with resources that will help you succeed in this class (and others). The following are resources that are free, incredibly helpful, & available to all:

Office of Disability Support Services (DSS)

The Office of Disability Support Services is responsible for verifying that students have disability related needs for academic accommodations and for planning appropriate accommodations. Students with learning, psychological, or physical disabilities who need academic accommodations can contact DSS in 106 North Foundation Hall or by (248) 370-3266. Website: <https://oakland.edu/dss/>.

Graham Health Center

The Graham Health Center provides affordable health care on campus. You can schedule appointments for health concerns and illnesses, sprains, asthma, etc. The Center is located at 408 Meadow Brook Rd. Call (248) 370-2341 for more information. Website: www.oakland.edu/ghc/

Oakland University Counseling Center

The OU Counseling Center provides mental health services (including personal counseling; psychological and psychoeducational testing; career testing and counseling; substance abuse evaluation, treatment, and prevention; consultation and outreach; and crisis intervention) for students and staff. The Center is located in the Graham Health Center, East Wing. Call (248) 370-3465 for more information. Website: www.oakland.edu/oucc

Center for Multicultural Initiatives (CMI)

The Center for Multicultural Initiatives provides support for underrepresented students and facilitates campus-wide diversity initiatives. Stop by at 104 North Foundation Hall or contact cmi@oakland.edu or (248) 370-4404. Website: www.oakland.edu/cmi/

Veterans Support Services

The Office of Veteran Support Services (VSS) is the campus office responsible for supporting student veterans and military families. Through VSS, veterans and their dependents can be connected to campus and community resources to help ensure they are receiving the benefits they have earned. To learn more about the services afforded from the VSS, visit 116 North Foundation Hall, or contact VSS@oakland.edu or 248-370-2010. Website: www.oakland.edu/veterans.

The Gender and Sexuality Center (GSC)

The Gender and Sexuality Center serves Oakland University's LGBTQIA community by providing and fostering a campus environment that promotes inclusion and understanding around issues of gender and sexuality through education, outreach, and advocacy. The Center offers a variety of resources on safer sex, sexual health, healthy relationships, on and off campus organizations, and information on LGBTQIA topics and needs. It is located at the Oakland Center, Room 49D. Contact the GSC at (248) 370-4336 or gsc@oakland.edu. Website: www.oakland.edu/gsc/

The Writing Center

The OU Writing Center is open to all students to provide writing consultation to brainstorm ideas, revise drafts, and refine written works. The Writing Center is located in room 212 of Kresge Library. Email ouwc@oakland.edu or call (248) 370-3120. Website: www.oakland.edu/ouwc

English as a Second Language (ESL) Institute

The ESL Institute offers support for English as a second language students at all levels. Visit O'Dowd Hall, Room 326 for more information. Website: www.oakland.edu/esl/

The Tutoring Center

The Tutoring Center offers various free support services, including individual and group peer tutoring, supplemental instruction, and study skills assistance. Everyone learns differently, and the Tutoring Center strives to help students gain control over their academic success. Contact the Center at tutoring@oakland.edu or (248) 370-4454, or visit 103 North Foundation Hall. Website: www.oakland.edu/tutoring.

Registrar's Office

You can access your registration record, class offerings, schedules, and academic calendars (including final exam schedules) at www.oakland.edu/registrar.

Course schedule

The class schedule below is a guide. Dr. Rajaei reserves the right to alter this schedule. Exams may fall on different days based on the actual pace of the course material.

Week	Date	Reading	Course content	Assessment
1	Jan. 4	Syllabus	Course introductions & requirements	
2	Jan. 9	Chapter 1	Introduction & history of public health	
	Jan. 11	Chapter 2	Governmental & non-governmental health organizations	Quiz #1: Moodle, Jan. 15, 11:59pm
3	Jan. 16	Chapter 3	Epidemiology: The study of disease	
	Jan 18	Chapter 3	Epidemiology: Data sources and uses, study designs	RA#1: Due Jan. 18
4	Jan. 23	Chapter 4	Epi: Prevention & control of diseases	
	Jan. 25	Chapter 13	Health policy & health care delivery	
5	Jan. 30	- Chapter 10	Exam #1 (Chapters 1-4, 13) Minority health & health disparities: Intro.	
	Feb. 1	Chapter 10	Racial and ethnic minorities	
6	Feb. 6	Chapter 10 +Reading	Racial and ethnic minorities: Determinants of health	
	Feb. 8	Chapter 10	Health of marginalized groups: Racial minorities	RA#2: Due Feb. 8 Quiz #2: Moodle, Feb. 12, 11:59pm
7	Feb. 13	Reading	Health of marginalized groups: Immigrants, LGBTQ+	
	Feb. 15	Reading	Health of marginalized groups: People with disabilities <i>Guest lecturer: Dr. Christina Papadimitriou</i>	
8	Feb. 20	WINTER BREAK – NO CLASS!		
	Feb. 22			
9	Feb. 27	Chapter 11 +Podcast	Community mental health	
	Mar. 1	Chapter 5	Community organizing & health promotion <i>Guest lecturer: Dr. Kwame Sakyi</i>	
10	Mar. 6	- Chapter 7	Exam #2 (Chapters 5, 10-11, + readings) Maternal, infant, & child health: Intro.	
	Mar. 8	Chapter 7 +Reading	Maternal, infant, & child health: Maternal & reproductive health	Quiz #3: Moodle, Mar. 12, 11:59pm
11	Mar. 13	Chapter 7	Maternal, infant, & child health: Infant & child health	RA#3: Due Mar. 13
	Mar. 15	Chapter 8	Adolescent & young adult health: Mortality	
12	Mar. 20	Chapter 8	Adolescent & young adult health: Morbidity	
	Mar. 22	Chapter 9	Elder health	
13	Mar. 27	-	Exam #3 (Chapters 7-9, + readings) Environmental health: Intro.	
	Mar. 29	Chapter 14	Environmental health: Air & water quality	Quiz #4: Moodle, Apr. 2, 11:59pm
14	Apr. 3	Chapter 14	Environmental health: Food, waste, & radiation	
	Apr. 5	Chapter 15 +Podcast	Injuries	
15	Apr. 10	Reading	Climate change	
	Apr. 12	-	Built environment	RA#4: Due Apr. 12
16	Apr. 17	Reading	Global health	
	Apr. 19	Exam #4 (Chapters 14-15, + readings): Thursday, April 19th, 9:00-10:30am		