

**OAKLAND UNIVERSITY • SCHOOL OF HEALTH SCIENCES**  
HS-4100-13800.201810-Nutrition and Lifecycles  
**Winter 2018**

Instructor: Akua (Kathy) Woolbright, PhD  
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Office Hours: By appointment

**Class place/time:** Tuesday/Thursday 1:00-2:45pm, 1006 Human Health Building

**Required Text:** Nutrition Through the Life Cycle (Sixth Edition), Judith E. Brown

**Course Description:** This course is designed to develop an understanding of the contribution of nutrition to health and well-being throughout the life cycle, and to create a foundation for health promotion and disease prevention during each of life stages. (Formerly HS 310)

**Prerequisite(s):** (HS 2500 or HS 205)

**Course Procedures:** Grades will be based on class attendance, participation, interactive discussions of assigned topics, research, preparedness, class assignments, group activities, quizzes, short papers, and exams.

**Student Expectations:** Regular class attendance and active participation are required. Students are expected to share ideas, research findings and personal experiences during class discussions. While differences in opinion are strongly encouraged, students are expected to always treat others with respect. Offensive language or disruptive behavior will not be tolerated. Students are expected to arrive for class on time and refrain from disturbing the flow of the class through conversation or distracting behavior.

**Electronic devices:** All communication and musical devices (cell phones, pagers, PDAs, Blackberries, iPods, etc.) are to be **turned off and stored out of sight during class**. No text messaging is permitted during class. No photos or recording are allowed during class. Personal computers are allowed only if they are being used for things related to class. You will be asked to put electronic devices away if they are deemed a distraction.

**Academic Conduct Policy:** Cheating or unauthorized collaboration on class assignments and exams, plagiarism, falsifying reports/records, and unauthorized collaboration, access, or modifying of computer programs, or aiding and abetting the perpetration of such acts are considered serious breaches of academic conduct. The Oakland University policy on academic conduct will be strictly followed with no exceptions. Any instances of academic misconduct will be reported to the University for disciplinary actions. See OU catalog under Academic Policies and Procedures.

**Professional Conduct:** The conduct of a student should be consistent with that of a professional. Courtesy, honesty, and respect should be shown by students toward faculty members, guest lecturers, administrative support staff, and fellow students. Similarly, faculty will treat students fairly, showing respect for their ideas and opinions and striving to help them achieve maximum benefits from their experience.

**Add/Drops:** The University add/drop policy will be explicitly followed. It is the student's responsibility to be aware of the University deadline dates for dropping the course.

**Special Considerations:** Students with disabilities who may require special considerations should make an appointment with campus Disability Support Services. Students should also bring their needs to the attention of the instructor as soon as possible.

**Incomplete Grade ("I" grade):** Students who, for reasons beyond their control (illness, bereavement, accident) are unable to complete the work in NH406 by the end of the semester may request an "Incomplete" grade from the professor. The student and the professor must complete the form, "Request for an Incomplete Grade," available from the professor or the Dean's office. The "I" grade must be approved at least one day before the final examination. It is the Professor's decision whether to allow an "Incomplete" grade. An Incomplete grade must be converted to a numerical grade within the first 8 weeks of the next Fall or Winter semester for which the student registers. Procedures for completing the work in the course are spelled out on the "Request for an Incomplete Grade" form.

**GRADE DETERMINATION (400 Points Total):**

**Chapter Summaries: 100 points (points vary)**

Chapter summaries will be collected for each topic covered in the textbook, and will take the place of weekly quizzes. Students are expected to dissect each chapter and take thorough notes on the major concepts, definitions, charts, and tables. Students are also expected to complete the case studies and chapter review questions. The lowest TWO grades of the semester will be dropped. If you are absent for a class, you will receive a 0 on that day's assignments, which may count as one of the dropped grades.

**Weekly Attendance and Class Participation: 100 points (points vary)**

Students are expected to come to class prepared, actively participate, and contribute to the class discussions. The lowest TWO participation grades will be dropped. Students who are absent from class will be given a 0 for that day's grade, which may count as one of the dropped grades.

**Exams: 100 points (33.3 points each)**

Three exams will be administered during the semester. A review session and/or handout will be provided prior to each exam.

**Final Exam: 100 points**

The final exam will be cumulative. Questions may be in the form of short answer, true or false and/or multiple choice.

*The schedule will be based on the pace of class lectures and discussions. The instructor reserves the right to modify the syllabus and schedule as necessary. Regular updates and timelines will be given in class or shared via Moodle or email.*